

Amendment to the Claims

Claims 8-12 (Cancelled).

13. (New) A handle for a body board, comprising:

a post configured to pass through a body board and connect to an anchor;

a strap configured to attach to the post, the strap having a first end and a second end;

a handle structure configured to receive the first end of the strap; and

a buckle configured to receive the first end of the strap and the second end of the strap such that the strap forms a loop when the first end of the strap and the second end of the strap are attached to the buckle,

wherein the handle structure is configured to press a hand against the post when the strap is tightened through the buckle.

14. (New) The handle of claim 13, further comprising a second post configured to pass through the body board and attach to an anchor.

15. (New) The handle of the claim 13, wherein the strap forms an elongated loop when the first end of the strap and the second end of the strap are attached to the buckle.